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Researchers testing simple therapy programs for your smartphone



NEWS & RECORD

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TODAY'S QUICKREAD

STATE

Court reviews big hospital bill

Think your hospital bill is too high? Relief could be on the way courtesy of the N.C. Supreme Court. **A2**

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Judge delays inquiry into DA

A special inquiry has been delayed on whether to remove the Durham district attorney following allegations of misconduct. **A4**

NATION & WORLD

Museum collects breakup items

What becomes of a garden gnome hurled in fury at a car during a stormy breakup? Or a teddy bear that was once a Valentine's Day gift? They go to a museum in Croatia. **A7**

...

2 N.C. guys take on TurboTax

TurboTax is getting some competition from two guys in North Carolina. Sorta. **Your Business, B9**

LIFE

Biscuitville bowl coming in April

Flour power: Do you have what it takes to make a great biscuit? Then, check out the The Greensboro Collegiate Biscuitville Bowl. **B5**

ON WEDNESDAY

Soup is an almost-no-cost meal anyone can make from items they already have. **Savor**



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TODAY'S FORECAST

54 HIGH Mostly cloudy with a 20 percent chance of showers. **36** LOW Full report, **A7**



LYNN HEY/News & Record

Tanya Nelson loads balloons for Valentine's Day into her truck on Monday. Nelson says the balloons are for her boyfriend, with a few extras for her workplace.

LOVE'S SOMETIMES HARD TO MANAGE



JOSEPH RODRIGUEZ/News & Record

Marion Sharpe puts together an order for a dozen yellow roses Monday at Clemmons Florist on West Friendly Avenue downtown. Owner Don Clemmons says after closing their doors Monday about 6:30 p.m., they would continue working until about 11 p.m. on the 200 orders for today. Most, but not all, were to be completed Monday night.

Alston bows out, ending a rowdy era

■ Melvin "Skip" Alston won't seek re-election to the Guilford County Board of Commissioners.

By NANCY McLAUGHLIN Staff Writer

GREENSBORO — After 20 years of leadership amid bickering and feuds, Melvin "Skip" Alston won't run for re-election to the Guilford County Board of Commissioners.

Anyone who knows him won't blink twice when he says he may one day run for the legislature or even lieutenant governor.

"I'm not ruling out the possibility of running — now or in the future," he said.

Alston said he wants to open the door to the next generation of local leaders, such as Raymond



Melvin 'Skip' Alston presided over a board known for its bickering.

Trapp, the first black and youngest chairman of the Greensboro Zoning Commission.

"It would definitely interest me and just the fact that Mr. Alston would bring up my name is a great honor and I'm humbled by it," Trapp said.

Alston's one-time nemesis — Republican Steve Arnold, who was the board's

See **Alston**, Page **A5**

Judge doesn't halt filing for county

■ He wants to hear more arguments before ruling.

By ROBERT C. LOPEZ Staff Writer

GREENSBORO — People who want to file to run for the Guilford County Board of Commissioners can do so this week.

On Monday, U.S. Middle District Judge William L. Osteen Jr. did not decide about a temporary restraining order to keep commissioner candidates from filing for election.

He will hear more arguments and possibly issue a ruling Friday afternoon.

INSIDE: A list of people seeking office of state or local interest. **A2**

It's unclear what will happen if Osteen stops the filings.

Attorneys had hoped to delay filings, which began as scheduled at noon Monday, until Osteen could address concerns about how the legislature redrew voting districts for Guilford County commissioner

See **Filing**, Page **A4**

When nightclubs jump, the neighbors seethe

■ Compromise hoped for at public meeting.

By AMANDA LEHMERT Staff Writer

GREENSBORO — Greene Street Club's roof deck may rock a little too hard for some of its high-rise neighbors.

The tension between downtown nightlife and the neighborhood has spurred the Greensboro City Council to consider citywide changes to noise limits —

including a possible ban on commercial outdoor amplified noise after 11 p.m.

Some business owners worry that would deflate the active nightlife scene downtown.

Council members say they are searching for a middle ground. The city will host a public meeting on the issue at 4 p.m. Thursday at 225 Commerce Place.

"What can we get to so that our businesses can op-

See **Noise**, Page **A4**

Speed dating: Six minutes or less to try to find a match

By DIONI L. WISE Staff Writer

GREENSBORO — Call me "Dioni #6." Just a 20-something woman looking for love.

Ahead of Valentine's Day, I tried to find a love connection, sans Chuck Woolery, in six minutes or less.

I took the challenge of speed dating Feb. 1.

Eleven blind dates in about an hour.

I put on a silky top, form-fitting jeans and makeup, which I use only about 10 times a year.

This was a special occasion.

I ran through the rain to go inside The Summit Station Eatery.

There they were — a few singles nursing cocktails and beer at the bar.

The butterflies were in full swarm in my belly.

I dashed into the ladies room to do a last-minute mirror check and to document my cynicism and nervousness on the Web.

My Foursquare check-in read: "I'm at a speed dating event. Ha haaa! I crack myself up."

A friend replied:

See **Dating**, Page **A4**



TIM RICKARD News & Record